



SYLVAN LAKE VOLLEYBALL CLUB
RETURN TO PLAY
SEASON 2021

Welcome to 2021 Club Volleyball! This season will have many challenges, which will require Participants, Parents, Coaches and Coordinators to support the implementation of COVID-19 restrictions. All guidelines issued by the Government of Alberta, Volleyball Alberta, Club jurisdictional municipalities as well as the continual changes made by the Government of Alberta, will be adhered to. This is to ensure we deliver a safe environment for our athletes, coaches, coordinators, and family members. SLVC Wave reserves the right to cancel its club season at any time due to non-compliance, or as directed by the Government of Alberta.

A Developmental Season of Play is being implemented by Volleyball Alberta, due to the availability of facilities to practice/host tournaments, COVID-19 restrictions, and the number of clubs participating in the 2021 season. We will start out as recreational for tryouts and practices, and fee structures will be based on that. If tournaments become available, we will then upgrade each player's status and fees.

January/February will consist of practices, then we will introduce a house league for March/April. When VA tournaments become available, a review will be made to adjust any conflicts with the house league schedule. The house league format and structure will be decided after the first month of practices. Practices are three days a week - Tuesday, Thursday, and Sundays. If facilities are not available in Sylvan Lake and they are secured in another town, we may drop practices to 2 days a week - Thursday and Sundays.

Exhibition games are not being considered at present, but this will be re-evaluated in February.

Due to the changing environment of COVID-19, we are basing the fees on practice, with tournament fees being separate. These are estimated fees for the season. Practice fees will include clothing and gear. Registration fees and SLVC gear will be non-refundable and is estimated at \$250. Some clothing will be optional. Last year's jersey and bag can be used if it still meets the needs of the athlete.

Age	Practice Fees (includes gear)	Tournament Fees	Season Total (estimate only)
13U	\$450	\$350	\$800
14U	\$450	\$450	\$900
15U	\$500	\$500	\$1000
16U	\$600	\$600	\$1200
17U	\$600	\$500	\$1100
18U	\$600	\$500	\$1100

Coach.

- 1) Register with Volleyball Alberta - 2021 Coach Registration.
- 2) Safe Sport Training for the 2021 Season. <http://safesport.coach.ca/> (free 90-minute module).

- 3) Criminal record check (My Backcheck)
- 4) VA Required Waivers, VA review of Competition Regulations.
- 5) Continue Professional Development.
- 6) Tryouts.
 - a. Re-signing previous club players encouraged.
 - b. Open tryouts will be kept to a minimum per position required, we will manage the numbers coming in and time slots for athletes to participate in.
 - c. Practice format and drills using COVID-19 distancing when at all possible.
- 7) Team.
 - a. VA tournaments participant numbers are 12 players and 2 coaches. 14 participants in total. Variations may be acceptable depending on number of players.
 - b. Depending on registration numbers, SLVC may run a house league allowing more athletes and smaller teams following the COVID-19 current maximum Cohort group.

The coaching staff will do their best to maintain physical distancing with all individuals and primarily interact at two meters. Face masks are recommended at practices and required at tournaments.

Players.

- 1) Required to register with VA online, (2021 Youth Registration, choose Recreational Player and pay \$15.50).
- 2) Complete all waivers.
 - a. COVID-19 Daily Screening.
 - b. Facility Waiver.
 - c. Code of Conduct.
 - d. Event Participant Waiver.
- 3) Tryout Dates will be posted on SLVC website
- 4) SLVC tryout forms to be filled out online and emailed.
- 5) Previous players, please e-mail coaches of your returning status.
- 6) Tryouts for non SLVC past players - please indicate position and experience.
- 7) Must sign in at practice facility for participant tracing. Format may be a sign-in sheet or an App, you will be notified before first practice.
- 8) If the Participant experiences any symptoms of illness such as a fever, cough, shortness of breath or difficulty breathing, runny nose, or sore throat, immediately:
 - a. Inform a representative of the Organization.
 - b. Go to an identified isolation area apart from other participants and prepare to depart from the event and/or facility.

Parents.

- 1) To help maintain a safe environment, please ensure your athlete is coming prepared and is completing the self-screening requirements before participating in any volleyball activities.

Facilities.

- 1) Hand sanitizer will be provided at entrance. Some facilities will require their own COVID-19 protocols, we will incorporate them as required.
- 2) Show up 15 minutes early.
- 3) Come with gear on except shoes.
- 4) Provide your own water bottle with your name on it.
- 5) Do not enter gym until invited in, an area for putting your gear on will be designated once invited in.
- 6) ½ hr cleaning between practices will be performed, including balls, associated equipment, and floor.

Practices.

- 1) Hand sanitizer will be provided during practice at water breaks.
- 2) Balls will be wiped down between practices and can additionally be wiped down during water breaks, depending on the types of drills.
- 3) Each team will have a set of 12 balls.
- 4) With the max Cohort groups allowed in the gym, spectators will be restricted.
- 5) Parent drop off and athlete sign-in will be at the Facility entrance.
- 6) Practice times will be 2 hrs on Sunday, weekdays will be 1 ½ hrs.
- 7) Sylvan Lake Multi Campus will be used when available.

Sylvan Lake Multi Campus (main practice facility)

- 1) Clarification from the Town of Sylvan Lake will determine the size of Cohort group per GYM for the size of facility.

Out of Town Facilities.

- 1) If facilities cannot be sourced in the town of Sylvan Lake, alternative facilities will be looked at in Red Deer, Blackfalds and Penhold.
- 2) Practice days and times will be rearranged accordingly to facilitate the max number of Cohorts allowed in the facility.

Sylvan Lake Multi Campus map.

